



Australian
Multicultural
Community
Services

Staying at Home

Funded by the
Australian Government

Multicultural Dementia Care & Support Centres

**A FREE support program for both carers
& their loved one who has dementia**

Carers and their loved one who have dementia, are welcome to join our centres at no cost.

Centre locations options in:

- > Metro Melbourne
- > Greater Geelong

FREE

- Transportation support available upon request
- Morning tea & lunch

For more information & to join our program, contact us:



sah@amcservices.org.au



(03) 9689 9170



amcservices.org.au

Our Multicultural Dementia Care & Support Centres make a positive impact for the caregiver and the individual.

Benefits for Carers:

- Enhance personal wellbeing and reduce stress
- Small group sessions to share experiences and ideas
- Skill development sessions to strengthen at-home care abilities & boost confidence
- Information sessions to improve knowledge of dementia care
- Referrals to relevant services
- Make connections with other carers in a relaxed environment
- Enjoy a delicious morning tea & lunch!

Benefits for Individuals with Dementia:

- Fun activities in a friendly & welcoming environment
- Improve quality of life
- Assistance with ways to stay at home longer

Australian Multicultural Community Services

We care, we support, we empower

ABN: 69 022 519 263